



FALL 2014

# LEO News

**“There’s no place  
like home. There’s  
no place like a  
LEO home.”**

We’re on the move! LEO is launching a fundraising campaign to help us continue to offer support to those with developmental disabilities through housing, recreation, education and employment. And we are especially looking forward to be able to expand that support by building a fourth adult family home.

Your support for our organization has allowed us to open and maintain three adult family homes, providing the residents with a safe and comfortable lifestyle within our community. We are providing recreation activities, including the annual Challenge Series Races and the recently added Zumba classes. We also continue to provide educational opportunities offering knowledge and skills needed to help deal with the many challenges facing those with disabilities and their families, and connecting those families with the resources available to them in the community.

We couldn’t have accomplished any of this without your very generous and ongoing support for our organization. We’re hoping that you are as proud of our accomplishments as we are, and that you will help us continue to serve those with developmental disabilities.

You can donate by mail at LEO, PO Box 117, Issaquah, WA 98027, or online at [www.lifeenrichmentoptions.org](http://www.lifeenrichmentoptions.org). We promise to make the most of whatever you can contribute to our efforts.

*Thank you!*



*Three finished Leo adult family homes are complete and providing safe, comfortable housing to developmentally disabled individuals whose lives are enhanced by the support that LEO provides.*



## A great summer for racing!

All of our Challenge Series Races this summer were held under the blazing sun, but the heat didn't stop the fun. Numerous families around the state enjoyed a day of racing thanks to our partnerships with Rotary and Kiwanis clubs in Spokane, Richland, Oak Harbor, Issaquah, Sammamish and Snoqualmie.

We hope to be able to offer these events in more local communities in the years to come. It's just too much fun not to share!

## Fall presentation features information on guardianships and special needs trusts

We are pleased to present attorney Denise Redinger speaking about guardianships, alternatives to guardianship, and special needs trusts, from 6:30- 8:30 pm Thursday, November 6th at the Sallal Grange, 12912 432nd Ave SE, North Bend.

Redinger will provide an overview on the need for, and the pros and cons of, guardianships and alternatives to guardianships. She will also discuss the process for obtaining guardianship through an attorney, obtaining one without an attorney, and the periodic reporting for people who already have a guardianship in place. She will also present information on the necessity of special needs trusts and explain their interaction with the other estate planning documents.

There will be an ice cream social from 6:30- 7 pm, with the presentation for the parents, along with bingo for the younger audience, from 7- 8:30 pm.



## Zumba classes continue to energize, and expand!

We are thrilled that our efforts to offer recreational programming have been so successful! The Zumba classes that we began last spring now have 29 participants who get fit while enjoying a fun workout each Saturday.

Now we are pleased to announce that we will be offering an adult Zumba class for parents on Thursday evenings from 7:15- 8pm at the YWCA Family Village in the Issaquah Highlands, 930 NE High St. The session will be five weeks, from October 2nd to October 30th, and the cost will be \$55. For more information or to register, email [info@lifeenrichmentoptions.org](mailto:info@lifeenrichmentoptions.org)



## LEO goes Beast Mode!

LEO board members and their family members, along with residents of LEO's Angela House, recently volunteered at the Beast Mode Challenge in North Bend, where they got to meet Seahawk Marshawn Lynch! The event benefitted Lynch's *Fam 1st Family Foundation*.





Lauren Potter

## **“Glee” actress Lauren Potter featured at event for those with special needs**

LEO is proud to be a sponsor of a ParentMap special event, “Living a Glee-ful Life: Possibilities and Potential for Families and Young People Growing up with Special Needs”, from 2- 5 pm on Saturday, November 15th, at Bellevue College.

Lauren Potter, actress, anti- bullying activist and Special Olympics ambassador, will be the celebrity keynote speaker. The event will also feature expert speakers and a resource fair.

ParentMap is a print and online resource for Puget Sound-area parents.

For event tickets, go to [www.parentmap.com/glee](http://www.parentmap.com/glee). LEO supporters receive 50% off using the discount code LEO14.

## **Thank you to our recent donors!**

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Life  
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Options

P.O. Box 117  
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➤ To learn more about LEO,  
make a donation or  
join our mailing list, visit

[www.lifeenrichmentoptions.org](http://www.lifeenrichmentoptions.org)

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**Please  
consider these  
opportunities  
for you to help  
us continue  
our mission  
of supporting  
individuals with  
developmental  
disabilities**

- **Donate your used vehicle**, regardless of condition, by calling 1-855-527-2232
- **Shop at Fred Meyer** and LEO will benefit from their Community Rewards Program. Simply link your Fred Meyer Rewards card by going to [www.fredmeyer.com/communityrewards](http://www.fredmeyer.com/communityrewards).
- Designate LEO when contributing to the **United Way**
- Designate LEO when contributing to the **Washington State Combined Fund**
- **In-kind donations** by contacting LEO @ 425-395-6688
- **Leave a legacy** by contacting LEO to receive more information
- Use **GoodSearch** and identify Life Enrichment Options as your search engine and use **GoodShop** when you buy something via the internet. LEO will benefit both ways.

Your charitable gift to Life Enrichment Options helps us fulfill our mission to support individuals with developmental disabilities. Donations to LEO go to fund supportive housing, employment opportunities, recreation and community education, leading to secure and satisfying lives in their community.

*If you prefer to receive our newsletter via e-mail, or would like to be removed from our distribution list, please e-mail us at [info@lifeenrichmentoptions.org](mailto:info@lifeenrichmentoptions.org).*

Life Enrichment Options is a 501(c)(3) nonprofit organization registered with the Washington State Secretary of State. For verification of this registration, call the Washington State Secretary of State's Charities Hotline at 1-800-332-GIVE.